

CRANBROOK AQUATIC CENTRE



WINTER Pool Schedule



Reserve Your Swim Today!

Phone: 250-489-0220/0221

Online: westernfinancialplace.ca

(click the "login" button at the top of the main page)

RESERVE YOUR SWIM IN ADVANCE

All swims are by reservation only. Book your swim block by calling us or booking online. Capacity numbers are set for each area of the pool.

By phone: Locally, call 311 and choose Option 2.
Alternatively, call **250-489-0220** or **250-489-0221**.

Please leave a message if we aren't able to get to the phone right away.

You can book online using your Perfect Mind account at westernfinancialplace.ca. The login tab is located at the top right hand corner. Call us prior to using the booking system to ensure your account is set up and ready to go!



Parent and Tot: A time where caregivers with young children can come and enjoy the water in the Leisure Pool. Play, explore and swim! Pre-Registration can be done over the phone or online. No drop ins at this time. All COVID-19 safety considerations, provincial health recommendations and orders apply. Limited space available.

Adult Leisure: Adult only access to the warm, shallow waters of the Leisure pool. Take some time to relax and float. Pre-Registration can be done over the phone or online. No drop ins at this time. All COVID-19 safety considerations, provincial health recommendations and orders apply. Limited space available.

Family Swim: Households can come utilize the aquatic center, waves, slide and diving board. Pre-Registration can be done over the phone or online. No drop ins at this time. All COVID-19 safety considerations, provincial health recommendations and orders apply. Limited space available with 6 person per household. Call to reserve.

Low Intensity Aquafit Classes: A safe and effective group exercise class that emphasizes coordination, muscle control, tone and endurance with a focus on range of motion that encourages health in everyday living. These classes will be held in either the deep or shallow water. All participants are required to maintain a physical distance of 2.5M from one another. Music will be low and the Instructor will be wearing a microphone to keep from having to speak loudly or shout.



BEFORE YOU SWIM

- Do not enter the facility if you are sick, have been exposed to anyone who is sick, or if you are showing any symptoms of COVID-19.
- Please arrive wearing a mask and wearing your swimsuit under your clothes.
- Check in at the entrance kiosk.
- Use hand sanitizer provided before entering the pool.
- There is no locker use at this time. You will be asked to leave personal belongings on a chair on the pool deck.
- Prior to your swim, please use the shower on the pool deck near the sauna.



WHILE YOU SWIM

- Bathrooms are available in the change room during swim times.
- Minimal equipment is available for use including: pool buoys, flippers, flutterboards.
- Maintain physical distance of 2M from groups outside your household.
- Follow all signage and guidelines and treat all with kindness and respect.



AFTER YOU SWIM

- Place any pool equipment in the bin to be sanitized by pool staff.
- Practice patience, physical distancing and good hygiene.
- Staff will guide patrons through a staggered exit plan to provide everyone with an opportunity to use the bathroom and change rooms as they depart.

***** ALL SCHEDULES AND GUIDELINES ARE SUBJECT TO CHANGE UNDER
PROVINCIAL HEALTH DIRECTIVES**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:15-7:00 Lane Swim	6:15-7:00 Lane Swim/Adult Leisure	6:15-7:00 Lane Swim	6:15-7:00 Lane Swim/Adult Leisure	6:15-7:00 Lane Swim	
7:15-8:00 Deep Aquafit/ Adult Leisure	7:15-8:00 Lane Swim/Adult Leisure	7:15-8:00 Shallow Aquafit/ Adult Leisure	7:15-8:00 Lane Swim/Adult Leisure	7:15-8:00 Deep Aquafit/ Adult Leisure	
8:15-9:00 Shallow Aquafit/ Lane Swim	8:15-9:00 Lane Swim/Adult Leisure	8:15-9:00 Deep Aquafit/ Lane Swim	8:15-9:00 Lane Swim/Adult Leisure	8:15-9:00 Shallow Aquafit/ Lane Swim	
9:15-10:00 Lane Swim/ Parent & Tot	9:15-10:00 Lane Swim	9:15-10:00 Lane Swim/ Parent & Tot	9:15-10:00 Lane Swim	9:15-10:00 Lane Swim/ Parent & Tot	9:15-10:00 Private Lessons
10:15-11:00 Lane Swim/ Therapy Swim	10:15-11:00 Lane Swim/ Therapy Swim	10:15-11:00 Lane Swim/ Therapy Swim	10:15-11:00 Lane Swim/ Therapy Swim	10:15-11:00 Lane Swim/ Therapy Swim	10:15-11:00 Private Lessons/ Parent & Tot
11:15-12:00 Senior Aquafit/ Adult Leisure	11:15-12:00 Lane Swim/ Joint Mobility	11:15-12:00 Senior Aquafit/ Adult Leisure	11:15-12:00 Lane Swim/ Joint Mobility	11:15-12:00 Senior Aquafit/ Adult Leisure	11:15-12:00 Family Swim

12:00-4:00 CLOSED

4:00-4:45 Lane Swim	4:00-4:45 Lane Swim	4:00-4:45 Lane Swim	4:00-4:45 Lane Swim	4:00-4:45 Lane Swim
5:00-5:45 Lane Swim	5:00-5:45 Lane Swim	5:00-5:45 Lane Swim	5:00-5:45 Lane Swim	5:00-5:45 Lane Swim
6:15-7:00 Lane Swim/ Adult Leisure	6:15-7:00 Self-led Exercise/ Adult Leisure	6:15-7:00 NO LANES/ Adult Leisure Only	6:15-7:00 Self-led Exercise/ Adult Leisure	6:15-7:00 Lane Swim/ Adult Leisure

SWIM
lessons

Call 250-489-0225 to book private swim lessons.

